

Northern Ireland Household Expenditure Tracker

A quarterly publication that shows what households in Northern Ireland are experiencing financially, including changes to their income, expenditure and in which areas they are spending most of their money.

We have published data in Northern Ireland Household Expenditure Tracker quarterly since March 2022 from Q4 2021 (October - December) onwards. View the reports below.

View recent Northern Ireland Household Expenditure Trackers

Q3 2023 - Northern Ireland Household Expenditure Tracker

08 March 2024

The Northern Ireland Household Expenditure Tracker showing data from July to September 2023.

Q3 2023 - Northern Ireland Household Expenditure Tracker

[Household expenditure tracker Q3 2023 AV.pdf](#)

Q2 2023 Northern Ireland Household Expenditure Tracker

27 November 2023

The Northern Ireland Household Expenditure Tracker showing data from April to June 2023.

Q2 2023 Northern Ireland Household Expenditure Tracker

[Northern Ireland Household Expenditure Tracker Q2 2023.pdf](#)

Q1 2023 Northern Ireland Household Expenditure Tracker

08 September 2023

The Northern Ireland Household Expenditure Tracker showing data from January to March 2023.

Q1 2023 Northern Ireland Household Expenditure Tracker

[NI Household Expenditure Tracker Q1 2023 Jan-Mar.PDF](#)

Q4 2022 Northern Ireland Household Expenditure Tracker

07 April 2023

The Northern Ireland Household Expenditure Tracker showing data from October to December 2022.

Q4 2022 Northern Ireland Household Expenditure Tracker [Household Expenditure Tracker Q4 2022.PDF](#)

Q3 2022 Northern Ireland Household Expenditure Tracker

13 February 2023

The Northern Ireland Household Expenditure Tracker showing data from July to September 2022.

Q3 2022 Northern Ireland Household Expenditure Tracker
[NI Household Expenditure Tracker Q3 2022.pdf](#)

Q2 2022 Northern Ireland Household Expenditure Tracker

16 November 2022

The Northern Ireland Household Expenditure Tracker showing data from April to June 2022.

Q2 2022 Northern Ireland Household Expenditure Tracker
[NI Household Expenditure Tracker Q2 2022.pdf](#)

Q1 2022 Northern Ireland Household Expenditure Tracker

02 September 2022

The Northern Ireland Household Expenditure Tracker showing data from January to March 2022.

Q1 2022 Northern Ireland Household Expenditure Tracker
[Q1 2022 NI Household Expenditure Tracker.pdf](#)

Q4 2021 Northern Ireland Household Expenditure Tracker

14 September 2022

The Northern Ireland Household Expenditure Tracker showing data from October to December 2021.

Q4 2021 Northern Ireland Household Expenditure Tracker
[NI Household Expenditure Tracker Q4 2021.pdf](#)

Articles by the Consumer Council about the Household Expenditure Tracker

Cost of Living

A quarter of Northern Ireland's households left with less than £32 per week after paying for essentials

08 March 2024

Northern Ireland's lowest earning households have seen their discretionary income fall by over half since the first quarter of 2021, leaving them with only £31.31 per week on average.

Cost of Living

Research reveals escalating food prices impacting on consumer mental health

27 November 2023

Our recent research reveals consumers feel anxious and “caught off guard” by rising food prices and wider cost of living pressures.

Cost of Living

Half of NI’s households are in a worse financial position compared to a year ago

07 September 2023

Northern Ireland’s lowest earning households have seen their discretionary income fall by almost a third (29.5%) over the last year from £28.12 to £19.83 per week.

Cost of Living

The financial position continues to worsen for Northern Ireland’s lowest earning households

07 April 2023

The discretionary income of Northern Ireland’s lowest earning households fell by 47.2% over the last year, meaning they now have less than £19 per week to spend after their bills and living expenses.

Cost of Living

Northern Ireland's lowest earning households left with under £20 per week after bills and living costs

09 February 2023

Northern Ireland's lowest earning households have seen their discretionary income fall by 46.7% compared to last year, from £37.11 to £19.78.

Cost of Living

Discretionary income for the lowest earning households in Northern Ireland drops by 46% in a year

16 November 2022

Discretionary income for the lowest earning households in Northern Ireland fell by 46.1% compared to last year (from £45.32 to £24.41), meaning they have less than £25 per week left to spend.

Cost of Living

Northern Ireland's poorest households left with only £29 per week during cost-of-living crisis

01 September 2022

Northern Ireland's lowest earning households have been left with only £29 per week, according to the Consumer Council's new Household Expenditure Tracker.